

As Oblates we share the basic values of Benedictine life by:

\*\* studying the Rule of Benedict which is based firmly in the gospels and adapting the teachings of the Rule to our own life situations;

\*\* deepening our relationship with the God who dwells within by choosing to make time for prayer and lectio divina which includes praying with scripture and other sacred readings;

\*\* living the Benedictine spirit of hospitality and service which is the way of the gospel, the way of Christ;

\*\* participating, as possible, in the liturgy and activities of the local church community;

\*\* supporting the Oblate community by participating in Oblate gatherings and various monastic activities.



website:

[www.houseofbreadmonastery.com](http://www.houseofbreadmonastery.com)

## Oblates of St. Benedict House



## of Bread Monastery

2329 Arbot Road

Nanaimo BC V9R 6S8

250 753 1763

## Who are Oblates?

Benedictine Oblates are Christian men and women of various backgrounds, faith traditions and lifestyles who have experienced a call to deepen their spirituality according to the spirit and vision of St. Benedict. In responding to their call they find support to actively live out their baptismal covenant which is the wellspring of their Christian spirituality.

## Why become an Oblate?

Women and men become Oblates because they find that God's call to ever increasing wholeness is facilitated in their lives by sharing with others.

Oblates give shape to their lives by living the wisdom of Christ as interpreted by St. Benedict in his Rule. They cultivate a monastic heart as they witness to the gospel of Jesus Christ while continuing to live in their own homes and communities.

## If you desire

to deepen your relationship with God, self and others

## If you believe

that living values such as hospitality, peace, moderation, balance in prayer, work and prayer give meaning to life,

## If you long

to connect with others on a similar spiritual path,

consider becoming an Oblate of the House of Bread Monastery.

## How to become an Oblate:

There are three steps to becoming an Oblate of the House of Bread Monastery.

### Step 1 Come and See

Take time to acquaint yourself with the Monastic and Oblate community by participating in the activities that are offered.

### Step 2 Enrolment as a Candidate

The period of candidacy gives time for a decision about entering into a deeper commitment. During this time you learn about Benedictine spirituality through formal study, sharing and participation in opportunities offered.

### Step 3 Becoming an Oblate

After the period of candidacy you make a final commitment. As an Oblate you cultivate a monastic heart by living according to the Rule of Benedict in your own life circumstances and continue to find support through your relationship with the Monastic and Oblate community.

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